

EAST ANGLIAN REGION

Annual Report

OF

St. Andrew's Hospital
Thorpe, Norwich

For the Year Ending 31st December
1952



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EAST ANGLIAN REGION
Group 7, HOSPITAL MANAGEMENT COMMITTEE

ST. ANDREW'S HOSPITAL
THORPE, NORWICH

Annual Report

For the Year Ending 31st December,

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THE HOSPITAL MANAGEMENT COMMITTEE

H. DEACON, Esq. (*Chairman*)

F. H. EASTON, Esq. (*Vice-Chairman*)

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R. E. CARTER, Esq.

H. T. DAVIS, Esq.

R. N. DEWHURST, Esq.

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W. HINDES, Esq.

G. HOWARD, Esq.

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DR. J. V. MORRIS

CAPT. E. MURRAY-HARVEY, O.B.E., M.C., F.R.G.S.

C. NOON, Esq., O.B.E., F.R.C.S.

G. S. READ, Esq.

J. W. SCOTT, Esq.

C. C. SMITH, Esq.

MRS. F. A. WHORTON, J.P.

J. W. WOODROW, Esq., J.P.

A. N. WRIGHT, Esq., J.P.

Secretary to the Committee:

B. H. READ, F.H.A., St. Andrew's Hospital, Thorpe, Norwich.

SUB-COMMITTEES

FARM

W. HOWES (*Chairman*)

G. BAYFIELD

MISS M. T. MARSH

R. E. CARTER

C. C. SMITH

H. DEACON

A. N. WRIGHT

F. H. EASTON

WORKS

F. H. EASTON (*Chairman*)

MRS. K. M. ADLINGTON

W. HINDES

G. BAYFIELD

W. HOWES

R. E. CARTER

C. C. SMITH

H. DEACON

A. N. WRIGHT

FINANCE

H. DEACON (*Chairman*)

G. BAYFIELD

W. HOWES

R. E. CARTER

DR. J. V. MORRIS

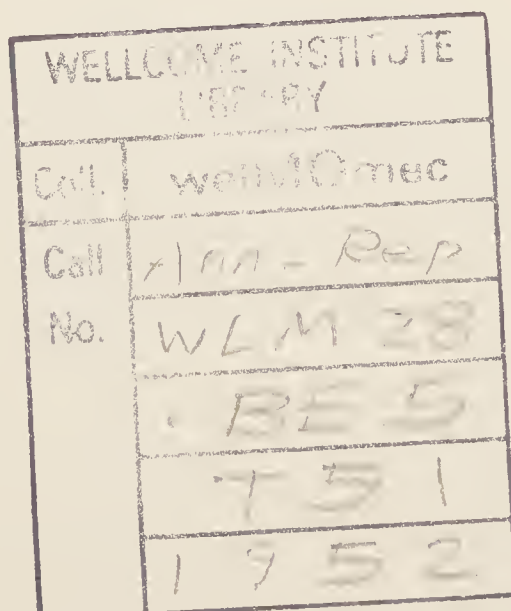
R. N. DEWHURST

J. W. WOODROW

F. H. EASTON

A. N. WRIGHT

G. HOWARD



CONSULTING STAFF

Physicians :

B. B. MORGAN, M.D. (Ed.), F.R.C.P. (Lond.)
 K. A. LATTEr, M.D., M.R.C.P. (Lond.)
 W. A. OLIVER, M.B.E., M.D., M.R.C.P. (Lond.)
 J. A. CAMPBELL, M.R.C.P. (Lond.)

Surgeons :

C. NOON, O.B.E., F.R.C.S. (Eng.)
 N. J. TOWNSLEY, F.R.C.S. (Eng.)

Surgeon, Ear, Nose and Throat :

R. A. HIGHMOOR, F.R.C.S. (Ed.), D.L.O.
 I. S. YOUNG, F.R.C.S. (Ed.), D.L.O.

Surgeon, Ophthalmic :

W. E. RUTLEDGE, L.R.C.P. & S.(I.), D.O.M.S. (Eng.)

Dental Surgeon :

A. C. DAVIES, L.D.S., R.C.S. (Eng.)

Anæsthetists :

R. A. C. RICE, M.B., B.S. (Lond.), D.A. (Eng.)
 A. I. WARD, M.B., B.S. (Lond.), D.A. (Eng.)
 K. J. V. CARLSON, M.B., Ch.B. (Bristol).

Dermatologist :

A. G. SMITH, M.D. (Glas.), F.R.C.S. (Eng.)

OFFICERS 1952.

Medical Superintendent (Consultant Psychiatrist):

W. J. McCULLEY, M.B., Ch.B., B.Sc. (Glasgow), D.P.M. (Eng.)

Deputy Medical Superintendent (Consultant Psychiatrist):

J. D. FRASER, M.D. (Glasgow), M.B., Ch.B. (Glasgow), D.P.M. (Dublin)

Consultant Psychiatrist:

J. M. ROSIE, M.D., D.P.M. (Glasgow).

Senior Hospital Medical Officers:

A. J. F. CROSSLEY, M.B., Ch.B. (Manchester), M.R.C.S. (Eng.), L.R.C.P. (Lond.),
D.P.M. (Eng.)

RUTH E. M. MEIER-BLAAUW, M.D. (Breslau), L.R.C.P. & S. (Edin.)

Senior Registrar:

L. N. COOK, M.B., Ch.B. (Glasgow)—part-time.

Registrar:

EDNA F. BIRKINSHAW, M.B., B.S. (Sydney), M.R.C.P. (Lond.).

Junior Hospital Medical Officer:

B. PIETOCHA, M.B.E., M.D. (Warsaw)

Senior House Officer:

A. SIMON, M.D.U. (Budapest)

Chaplains:

REV. C. D. PROUD, F.R.G.S.

REV. E. S. FRANCE

Group Secretary and Finance Officer:

B. H. READ, F.H.A.

Supplies Officer and Steward:

F. S. ROBERTSON, A.H.A.

Matron:

MISS A. COOMBER, S.R.N., R.M.N.

Chief Male Nurse:

H. HUTCHINGS, S.R.N., R.M.N.

Psychiatric Social Worker:

Vacant

Pharmacist:

H. E. G. TAYLOR, M.P.S.

Engineer and Clerk of Works:

H. J. WYATT, A.M.I.B.E., M.I.H.E.

Farm Manager:

F. GRAVELING

EAST ANGLIAN REGIONAL HOSPITAL BOARD

(GROUP 7)

*Fifth Report of the Hospital Management Committee
appointed under Section 11 of the National Health
Service Act, 1946, for the Management and Control of*

ST. ANDREW'S HOSPITAL, THORPE, NORWICH

The Management Committee has pleasure in presenting the following Annual Report covering the year 1952.

MEETINGS AND VISITS.

Meetings were held as follows:—

Management Committee	11
Sub-Committees:—Finance		11
Farm	11
Works	11
Special	3

In accordance with the requirements of Section 188 of the Lunacy Act, 1890, monthly visits of inspection have been made by members of the Committee to all departments of the hospital.

CHANGES IN COMMITTEE

During the year Dr. A. G. Holman and Mr. W. W. Clarke resigned and Mrs. F. A. Whorton indicated her decision not to seek re-appointment. We regret that these three members are no longer associated with us and desire to acknowledge the valued services which they have given to the hospital and to the National Health Service generally.

Mr. J. W. Scott and Captain E. Murray-Harvey have been appointed to the Committee, leaving one vacancy.

ACCOMMODATION FOR PATIENTS.

The effect of the re-arrangement of catchment areas, referred to in our last report, has been a measure of relief in the serious over-crowding. The number of patients resident at the end of the year was 1,233, compared with 1,260 at the end of 1951. Admissions dropped from 546 in 1951 to 515 during 1952.

In our visits of inspection we have not needed to have our attention drawn to the inadequacy of accommodation, it is only too obvious, and it is most regrettable that the work of the medical and nursing staff, who are constantly trying to effect improvements in treatment and care, continues to be so handicapped.

FINANCE.

We have received requests from the Minister of Health to exercise all possible economies in the administration of the hospital, and at the end of the year we were asked to investigate the staffing position with a view to making reductions in certain groups. A special sub-committee has been set up for the latter purpose. ...

The continued restriction of building and maintenance work has meant that many worth-while schemes have had to be held in abeyance.

Costs under the heading of hospital maintenance have continued to rise, particularly provisions and fuel. Only by the exercise of strict economy in expenditure on other items has it been possible to keep within the total estimate.

A typewriter and duplicating equipment for the production of a hospital magazine by the patients, additions to the library and a wireless receiver for the entertainment of selected groups of patients, have been purchased from Endowment monies.

WORKS DEPARTMENT.

The following is a summary of the more important items dealt with by this department during the year:—

BY CONTRACT:—

- Internal repainting Laundry Ward dormitories, etc.
- Internal repainting Nurses Mess Rooms and corridor.
- Re-roofing and renewing gutters, etc., Wards B, C and H (Male Hospital).
- New draw-plate bread oven installed in Bakery at Male Hospital.

BY DIRECT LABOUR:—

- Painting all rooms at Nurses' Home.
- Painting Pathological Laboratory.
- Painting Ward 6 corridor and siderooms.
- Wiring for electricity A.M.O.'s house.
- Remodelling cowhouses and dairy yards.
- Renewing overhead wiring for telephones, etc., to Male Hospital.

FARM AND GARDEN.

The work of building up an attested herd of Friesian cows has progressed to the stage where, at the end of the year, it was no longer necessary to purchase milk from outside sources.

Regular inspections have been made of the dairy farm and reports on samples of milk and tuberculin tests of the stock have been consistently good.

The following produce has been supplied to the hospital during the year:—

Vegetables and Fruit to the value of £4,264 2s. 8d.

Potatoes, 165 $\frac{1}{4}$ tons.

Beef, 37,104 lbs.

Mutton, 4,212 lbs.

Pork, 19,418 lbs.

Milk, 22,395 gallons.

Eggs, 25,670.

Poultry, 978 lbs.

The following were the principal sales:—

British Sugar Corporation 187 $\frac{1}{2}$ tons Sugar Beet value £1,144 5s. 10d. Ministry of Food 153 pigs value £4041 7s. 8d.

CAPITAL WORKS.

We regret that the Regional Hospital Board has not found it possible to proceed with the scheme for installation of central heating. The first months of the winter have been particularly severe and we have received many complaints as to the difficulty of providing a reasonable degree of warmth in the wards. We are sure that the patients must still suffer considerable discomfort in bitterly cold weather.

The extension to Ward D verandah for tubercular male cases has been completed and brought into use.

Only the first section of the conversion of male block C into two self-contained wards has been dealt with so far and there has been no progress with improvements to sanitary arrangements in female wards 5 and 6 or with the erection of a new kitchen in female ward 3.

The erection of six staff cottages and the connection of 8 existing cottages and 1 medical officer's house to the sewage system, provisionally included for 1952-53, have been postponed.

We hope that the sewage connections will receive very early consideration. The present unsatisfactory sanitary arrangements are much below the standard which is normally acceptable on a hospital estate.

It is important, also, that the mortuaries and mortuary chapel, referred to in our last report, should receive attention.

GENERAL.

In spite of an extensive publicity campaign organised by a Joint Committee under the Central Office of Information and the Ministry of Labour and National Service, the number of young women coming forward to take training as nurses has been disappointingly small. Three Ward Sisters retired on pension during the year and other nurses have left owing to marriage and changes of occupation.

We acknowledge the valuable help referred to above and regret that the results have not come up to expectations. Further efforts are being made to bring about an improvement in the serious understaffing amongst female nurses.

With the exception of one post as Registrar, the medical staff establishment is complete and the two new houses completed by the Board at the end of the year have been of great help in filling two senior vacancies which existed at the time. We have recommended to the Board that a Psychologist be appointed to assist in clinical work.

Special investigations are being made into the organisation of the hospital pharmacies and the laundry. A sub-Committee has been set up to report upon the former and an outside expert called in to advise upon the latter.

A large room at the male hospital, formerly used as a library, has been converted into a Canteen for patients and visitors. This was opened in October and is rapidly proving its value.

It is hoped to install a number of bed-side lockers during 1953.

Mr. T. E. Parry who came to this Hospital as steward in October, 1909 and continued as Supplies Officer from July, 1948, retired on pension on 30th June. He had served this Hospital for $42\frac{3}{4}$ years and his total period of service amounted to $54\frac{3}{4}$ years. The Committee have recorded their appreciation of his work in the minutes.

At the end of December, Miss A. Coomber, Matron, gave notice of her resignation to become effective on 31st March, 1953. Miss Coomber took over her duties during the post-war period when the task of re-organisation, overtaking arrears of maintenance and renewal of equipment and furnishings was in its early stages. The high standard of nursing care, attained under the severe handicaps of staff shortages and overcrowding of wards, are an indication of the value of Miss Coomber's able administration, and the Committee will regret losing her services.

We wish again to express appreciation to the Norfolk & Suffolk Contributors' Association who not only donated a substantial sum of money for the purchase of additional Christmas fare, but presented games, gramophone records and sports requisites for the patients.

We are indebted, also, to those voluntary organisations which have been good enough to bring concerts, plays and musical entertainments from time to time.

Regular meetings of the Joint Consultative Staffs Committee have been held during the period covered by this report and we would assure its members that we are at all times ready to receive and consider recommendations which the Joint Committee feels would be beneficial to the hospital, the patients or the staff.

Two Commisioners of the Board of Control visited the hospital on 17th July. The report is appended.

We again desire to record our appreciation of the advice and assistance of the officials of the East Anglian Regional Hospital Board.

In conclusion, we record with pleasure our thanks to the Officers and Staff of the Hospital for their excellent work during the year.

H. DEACON,
Chairman.

17th March, 1953.

THE MEDICAL SUPERINTENDENT'S ANNUAL REPORT for the year 1952.

To the Hospital Management Committee

MR. CHAIRMAN, LADIES AND GENTLEMEN,

I have the honour to submit to you the Annual Report for the year ending 31st December, 1952.

The following table shows the numerical changes which have taken place during the year:—

	M.	F.	Total.
Numbers in the Hospital on 1st January, 1952 ...	514	746	1260
Admitted during the year ...	209	306	515
Discharged and transferred during the year ...	182	297	479
Died ...	27	36	63
Remaining in Hospital 31st December, 1952.			
Health Service Cases ...	473	719	1192
Service Cases ...	41	—	41
	<hr/> 514	<hr/> 719	<hr/> 1233

The daily average number resident was 498 men, 709 women a total of 1207 patients, as compared with 1228 during the previous year. The number of patients under treatment during the year was 1775, being a decrease of 35 compared with the previous year. The number of discharges and deaths together exceeded the number of admissions. The number of admissions during the year was 31 fewer than last year. The number of Voluntary patients, including regradings to the Status, admitted during the year was 190 males and 274 females being 82% and 79% respectively of the total male and female admissions. The number of Temporary patients admitted was 10; 3 males and 7 females.

**Admissions
Voluntary
and
Temporary
Patients**

**Sections
20 and 21**

During the year 9 male and 11 female patients were admitted under Sections 20 and 21 of the Lunacy Act, 1890 and of these 12 remained as Voluntary patients, 1 as a Temporary patient and 3 remained under Certificate.

Of the total number of direct admissions, 105 or 20% were 65 years of age and over and of the patients resident at the end of the year 299 or 24% were of this age group.

**Discharges
and
Transfers**

The condition of patients on discharge and transfer was as follows:—

	M.	F.	Total.
Recovered ...	33	66	99
Improved ...	122	204	326
Not Improved ...	27	27	54
	<hr/> 182	<hr/> 297	<hr/> 479

The Recovery Rate, calculated on direct admissions was 16% for males and 22% for females, an average of 19.6%.

The Discharge Rate, calculated on the total of admissions was 87.1% for males and 97.1% for females, an average of 93%.

Deaths

The number of deaths was 27 males and 36 females, a total of 63 and of these 15 males and 21 females were 65 years of age or over, while 22 patients died within three months of admission. The Death Rate calculated on the average daily number resident was 5.4% for males and 5.1% for females, an average of 5.2%.

The Chief Causes of Death were:—

Diseases of the Circulatory System	24
Diseases of the Respiratory System	8
Cerebral Haemorrhage and Thrombosis	...	10
Cancer and other Tumours	7
Tuberculosis	2

Inquests

Inquests were held during the year; on a Female Voluntary patient, aged 18 years, who died from cardiac failure during insulin coma therapy instituted for the purpose of treating Schizophrenia; a Male Voluntary patient, aged 49 years, who committed suicide by drowning; and a Male Voluntary patient, aged 80 years, who died as a result of an accidental fall from his bed.

Casualties

There were 23 Serious Casualties during the year. These included 8 fractures of the femur, 2 fractures of the wrist, 1 fracture of the pelvis, 1 fracture of the humerus, 1 fracture of the fibula, 2 fractures of the finger and 2 fractures of the radius.

Health of Patients

The general health and nutrition of the patients continued to be satisfactory and there were no epidemics.

There were 11 male and 4 female cases of Pulmonary Tuberculosis and 2 other cases of Tuberculosis. There was 1 case of Enteric Fever during the year and 3 cases of Severe Diarrhoea (all females). There were 4 male and 3 female cases of Influenza, 5 male and 8 female cases of Broncho-Pneumonia and 10 male and 16 female cases of Lobar Pneumonia.

Accommodation

The state of accommodation as shown in the returns to the Ministry of Health was as follows:—

	M.	F.	Total.
Numbers on Register, 31st December, 1952 ...	514	719	1233
Statutory Accommodation—			
Day ...	450	492	942
Night ...	425	494	919
Deficiency of Accommodation—			
Day ...	64	227	291
Night ...	89	225	304

The overcrowding was thus 45.5% in the Female Hospital and 21% in the Male Hospital. This slight reduction in overcrowding can be attributed to the re-arrangement of the Catchment Areas but little further relief can be expected from this measure. An extension providing six beds for male patients suffering from Tuberculosis was brought into use in October, this accommodation being retained for isolation purposes, is not included in the recognised statutory accommodation.

**Additions
and
Alterations**

The division of Male Ward C, commenced in the previous year, could not be completed last year owing to lack of funds but should be completed in the near future. Several very useful alterations and improvements were made in the central heating in the Female Hospital. Progress in redecoration of the hospital continued during the year and the pleasing effects have been noted from time to time by the Visitors.

Canteen facilities were installed in the Male Visiting Room and have been greatly appreciated by the patients and staff.

Two houses for medical staff were completed and occupied in the early part of the year.

Treatment

The Medical Establishment laid down by the Regional Hospital Board was still not attained and the vacancy for a Social Worker remained unfilled so that I must again record the resulting limitation in individual care and attention.

Insulin Coma was used in 45 cases of Schizophrenia of whom 22 were discharged, 11 as recovered and 11 as improved.

Electro-Convulsive Therapy was extensively used. The unmodified form was administered to 182 patients suffering from various forms of depression or excitement and of these 82, mainly cases of depression, were discharged, the majority recovered or greatly improved. a further 21 Out-Patients suffering from various forms of depression received this treatment of whom 15 recovered and 1 was much improved.

The modified form of this treatment, using new relaxants administered by the Consulting Anaesthetist, was given to 125 patients all suffering from various forms of depression of whom 72 were discharged as recovered or greatly improved. The treatment was also given to 40 Out-Patients of whom 25 recovered and 4 were greatly improved.

The intensive form of Electro-Convulsive treatment was given with varying benefit to 5 patients mostly chronic and disturbed.

The operation of Pre-frontal Leucotomy was performed on 3 male and 8 female patients, mostly chronic and very disturbed, but of the more recent cases 1 male and 1 female were discharged greatly improved.

The other special forms of treatment such as Continuous Narcosis and Narco-Analysis were employed only to a limited extent and the method of Group Therapy has still not been instituted.

The Physiotherapist carried out 2007 treatments during the year,

The Chiropodist attended the Hospital for two three-hourly sessions weekly and gave 851 treatments to 78 female patients.

Dental Treatment

Mr. A. C. Davies, L.D.S., continues to attend for one session weekly.

The following is a summary of the work done:—

	M.	F.	Total.
Examinations	164	276	440
General Anæsthetics	21	16	37
Local Anæsthetics	36	39	75
Dentures	4	7	11
Repairs to Dentures	10	10	20

There is still very little conservative dental treatment possible under the present arrangement.

Laboratory

The number of examinations carried out by this department continued to increase, and the following is a summary of the work done:—

Specimens submitted for examination:—

In-Patient	Out-Patient	Total
4665	412	5077

EXAMINATIONS:—

BLOOD: Counts of Red and White Corpuscles, 1409; Estimations of Hæmoglobin, 541; Agglutinations of Sera for Enteric, Dysenteric Infection, etc., 141; Kahn Precipitation Tests, 480; Urea Estimations, 68; Sugar Estimations, 595; Sedimentation Rate of Red Corpuscles, 284. Other examinations including groupings, matchings, platelets, reticulocytes, cholesterol, hæmograms, Van den Bergh's reaction, etc., 423.

CEREBRO-SPINAL FLUID: Cultural for Organisms, 2; Cytological and Microscopical, 28; Chemical Examinations, 49; Kahn Precipitation Tests, 11; Lange's Gold Sol Curves, 9.

FAECES: Cultural Examinations, 243; Chemical Examinations, 14; Microscopical Examinations, 43. Other Examinations, 14.

GASTRIC JUICE: Estimations of Acid, 34; Estimations of Chloride, 10; Microscopical Examinations, 4; Chemical Examinations, 144. Other Examinations, 4.

ICE-CREAM: Bacteriological Examinations, 2.

MILK (Bovine): Methylene Blue Reduction Tests, 18; Fat Estimations, 17. Other Examinations, 15.

PUS AND OTHER BODY FLUIDS: Cultural and Microscopical Examinations, 33.

SPUTUM: Cultural and Microscopical Examinations, 164.

THROAT SWABS, ETC.: Cultural and Microscopical Examinations, 35.

URINE: Cultural Examinations, 216; Microscopical Examinations, 1494; Sugar Estimations, 310; Chemical Examinations (Qualitative), 7522; Protein Estimations, 9. Other Examinations, 4.

WATER: Bacteriological Investigations, 17.

MISCELLANEOUS: Including Sensitivity Tests, Insulin Tolerance Tests, Glucose Tolerance Tests, Urea Clearance Tests, etc., 51.

Total Examinations performed, 14,457.

X-Ray Department The following summary shows the work performed by this Department during the year:—

Chest, 569; Spine, 60; Cervical Spine, 6; Sinuses, 53; Skull, 54; Sacrum, 13; Femur, 20; Knee, 2; Leg, 2; Ankle and Foot, 25; Shoulder, 15; Humerus, 6; Elbow, 6; Wrist, 11; Hand, 30; Ribs, 7; Gall-Bladder, 4; Kidneys, etc., 4; Abdomen, 4; Dental, 14; Nose, 1; Jaw, 2.

Total number of Examinations, 906.

Occupational Therapy The work of the Occupational Therapy Department continues to increase in scope and benefit.

The number of new patients attending Occupational Therapy classes was 287 and attendances for all patients totalled 73,545.

The first production of the "News Letter" by patients under the guidance of Dr. Emslie was a noteworthy effort, and since her departure the regular appearance of the magazine has continued under the editorship of the Free Church Chaplain and the supervision of the Occupational Therapist.

Out-Patient Clinics The number of new patients and the attendances at the various Out-Patient Clinics were as follows:—

Clinic.	New Cases.			Attendances.		
	M.	F.	Total.	M.	F.	Total.
Norfolk and Norwich ...	82	157	239	254	489	743
Great Yarmouth ...	49	84	133	181	309	490
Lowestoft ...	39	68	107	320	314	634
St. Andrew's Hospital ...	17	13	30	294	542	836
Total ...	187	322	509	1049	1654	2703

These figures show a decrease of 7% in the number of new patients and an increase of 12% in attendances.

These figures include those patients attending St. Andrew's Hospital for Electro-Convulsive treatment.

The number of patients admitted to hospital from the Clinics was 56 males and 74 females, a total of 130 or 25% of the new patients seen.

The further increase in admissions from the Clinics is due to referral of patients for determination of the need for admission in the present state of overcrowding.

Social Work

The hospital was still without its own Social Worker during the past year, and acknowledgment must again be made to Dr. Ruddock-West and the Welfare Officers of the Norfolk County Council and to Dr. Grant and the Welfare Department of Great Yarmouth for their services to the hospital.

Entertainments

Cinema shows were held weekly in the Main Hall and 16 m.m. films were shown in the Wards. Concerts, Dances and Whist Drives were given during the winter months and boat trips and motor coach tours were arranged during the summer. Parties of patients attended the Theatre Royal Pantomime and many male patients attended the Norwich City football matches. With the co-operation of the Norwich Branch of Toc H, football commentaries have been relayed from Norwich City Football Club ground at Carrow Road. A further extension of this scheme has been the relaying, as an experiment, of the pantomime at the Theatre Royal, Norwich. If the experiment proves successful further "live" shows will be relayed to the hospital from local theatres. The Monthly Shopping Evening and Weekly Social Evenings continued throughout the year. The Annual Sports were held in July.

Parole and Leave

Full Parole was given to 68 male and 29 female patients, and Parole within the grounds to 76 male and 92 female patients. There was a further increase in the number of patients granted leave.

Official Visits

Miss I. C. Duncan and Dr. J. Ivison Russell, Commissioners of the Board of Control, visited the hospital on 16th and 17th July, 1952.

Lt. Colonel and Mrs. L. Rushworth Ward, Representatives of the Official Solicitor visited the hospital on 15th January, 1952, and on 1st October, 1952.

Dr. J. A. D. Skinner, from the Ministry of Pensions, made the annual inspection of Service patients on 4th June, 1952.

Capt. R. A. Napier, from the ex-Services Welfare Society, visited ex-Service patients on 19th February, 1952.

Nursing Staff

The whole-time Female Nursing Staff decreased in number, and at the end of the year there were only 26 Registered Nurses, 8 Student Nurses, 9 Assistant Nurses and 24 Nursing Orderlies; also 15 Registered Nurses and 49 Assistant Nurses working part-time.

The number of Female Student Nurses engaged during the year was 7, but of these 5 left and a further 4 Student Nurses from the previous year's intake also left.

The Male Nursing Staff at the end of the year consisted of 62 Registered Nurses, 23 Student Nurses, 7 Assistant Nurses and 5 Nursing Orderlies, all whole-time.

During the year Student Nurses passed the General Nursing Council examinations for Mental Nurses as follows:—

			Preliminary		Final
			Part I	Part II	
Male	2	6	1
Female	4	5	3
			—	—	—
			6	11	4
			—	—	—

The 21 nurses who sat for the examination in 1952 were successful at the first attempt.

Changes of Staff

Dr. J. M. Rosie, Consultant, who joined the staff on 9th February, left on 17th December to take up an appointment as Deputy Medical Superintendent at Craig Dunain Hospital, Inverness.

Dr. L. N. Cook took up his appointment as Joint Senior Registrar on 22nd April.

Dr. F. Blake, Senior Hospital Medical Officer, left on 25th May.

Dr. M. Emslie, Registrar, left on 7th June to take up a similar appointment at West Park Mental Hospital.

Dr. E. Birkinshaw took up her appointment as Registrar on 17th July.

Miss J. D. Grant, Assistant Occupational Therapist left on 6th June, and Mr. M. Longden, Assistant Occupational Therapist, left on 22nd November.

Miss S. R. Napier, Assistant Occupational Therapist, commenced duty on 27th October.

Mr. J. W. Aylward left on 2nd March to take up an appointment as Senior Administrative Assistant at Napsbury Hospital, and his place as Senior Administrative Assistant was taken by Mr. F. J. Hunt.

Matron

Miss A. Coomber, who was appointed Matron on 28th June, 1948, tendered her resignation in December, to take effect on 31st March, 1953, on the occasion of her forthcoming marriage.

Mr. T. Parry retired on 30th June, and Mr. F. S. Robertson was appointed to succeed him as Supplies Officer and Steward.

Mr. L. A. Newton commenced duty as Senior Administrative Assistant in the Supplies Officer and Steward's Department on 1st July.

Pensions

The following members of the staff retired on pension:—

William Barber, Charge Nurse, after $32\frac{1}{2}$ years' service.

Theopholus Herbert Brown, Painter, on grounds of incapacity after 19 years' service.

John Ernest Edwards, Staff Nurse, after 33 years' service.

Miles John Fish, Staff Nurse, after $32\frac{1}{2}$ years' service.

Reginald Ernest Graves, Charge Nurse, after 33 years' service.

Evelyn Jackson, Ward Sister, after $32\frac{3}{4}$ years' service.

Benjamin Marshall, Staff Nurse, after 38 years' service.

Joseph Leonard Newson, Charge Nurse, on grounds of incapacity after 22 years' service. Re-engaged as Messman.

Tom Edward Parry, Supplies Officer and Steward, after $42\frac{3}{4}$ years' service.

Wilfred Cecil Russell, Charge Nurse, after 32 years' service.

Herbert Reginald Winter, Charge Nurse, after $32\frac{1}{2}$ years' service.

Conclusion

I again record my thanks to my Medical Colleagues, to the Officers and Staff of the Hospital and to the Officers of the Regional Hospital Board, and I acknowledge the continued support of the Chairman and Members of the Committee of Management in our joint endeavour to maintain and improve the services of this Hospital.

I have the honour to be,

Mr. Chairman, Ladies and Gentlemen,

Your obedient servant,

W. J. McCULLEY,

Medical Superintendent.

25th March, 1953.

CHAPLAIN'S REPORT, 1952

January, 1953.

MR. CHAIRMAN, LADIES AND GENTLEMEN,

I beg to submit my report for the year 1952. Every assistance has been given me by Dr. McCulley and all the members of the staff, and it is very gratifying to note their increasing interest in the Church.

The new lectern, designed by our Chief Engineer, and made in the hospital workshop, from an oak that once stood in the hospital grounds, has greatly improved the appearance of the building.

Throughout the year the services were well attended, and I would like to take this opportunity to thank our organist, Mr. K. N. Newson, and all the members of the choir for their valuable assistance.

For those who were unable to attend Holy Communion in Church, private celebrations were held on the Wards.

The Wards have been visited regularly, and on several occasions patients expressed their appreciation of the Church services.

Eleven funerals were held in the Hospital Cemetery during 1952.

Whilst I was on holiday in August the Chapel Services were taken by the Rev. F. Wallis, Vicar of St. John's, Bracondale.

I am, Mr. Chairman, Ladies and Gentlemen,

Your obedient servant,

CLYDE DOUGLAS PROUD,
Church of England Chaplain.

Postwick Rectory,
Norwich.

FREE CHURCH CHAPLAIN'S REPORT, 1952

January, 1953.

LADIES AND GENTLEMEN,

I have the honour to submit the following report of my activities at St. Andrew's Hospital during the past twelve months. There will not be much in the way of statistics in this report, for while figures are sometimes very important, they do not always represent all the essential facts.

In the course of my duties I visit every Ward in the hospital, both men and women, at least once a week; and in carrying out this visitation, one tries to make it as little of a routine nature as possible. It is my main endeavour, by sympathetic and understanding approach, to establish personal contacts with the patients whenever the opportunity presents itself, believing that it is in the direction of this personal contact that the best and most lasting results are to be achieved. Naturally some patients respond much more readily than others, but I can assure the Committee that there is evidence of some response.

In addition to these weekly visits to the Wards, it is my privilege to conduct a service of public worship in the Chapel every Sunday afternoon. The attendance at this service is most gratifying, an average congregation of about 250 patients being present each Sunday. Here I would like to say how much I feel indebted to Mr. Newson, the organist, and to the choir for their loyal co-operation and help week by week. Other Christian Festivals, such as Christmastide, Good Friday and Easter Day are also observed.

The Committee will appreciate the fact that it is not easy to assess fully either the value or the success of the ministry one seeks to render here. Normal tests do not always apply and any other kind would be invalid. One is glad, however, to receive from time to time, expressions of thanks, both verbal and otherwise, for such help as one has been able to give.

While keenly sensitive of the responsibility attaching to the work, I also feel greatly honoured to have the privilege of serving the hospital in this capacity.

In closing this brief report I would like to record my warmest thanks to Dr. McCulley, Mr. Read, Miss Coomber, Mr. Hutchings and other members of the staff for their unfailing courtesy and support throughout the year.

I beg to remain,

Ladies and Gentlemen,

Yours very respectfully,

ERNEST S. FRANCE,

Free Church Chaplain.

385, Unthank Road,
Norwich.

REPORT OF THE COMMISSIONERS OF THE BOARD OF CONTROL

ST. ANDREW'S MENTAL HOSPITAL,
NORWICH.

17th July, 1952.

During our visit to this hospital which began yesterday we believe we have seen all the patients in residence, and in addition to giving four private interviews we had many individual conversations. As might be expected in a hospital in which the standards of medical and nursing care are as high as they are here the patients were found quiet, well-behaved and generally appreciative of their treatment.

The patients in residence number 1228 (men 503, women 725); 381 of the total are voluntary and 2 are temporary patients. 34 patients are out on leave at the present time, and the total of patients whose names are on the Statutory Books is therefore 1262. In the year 1951 there were 539 direct admissions (men 232, women 307). Of these 396 were voluntary and 11 were temporary admissions. During that year 437 patients left or were discharged. These figures show how greatly the hospital is overcrowded, for the accommodation here provides space for 450 men and 492 women by day and 425 men and 494 women by night. The women's wards are grossly overcrowded. The problem of nursing the patients in such crowded conditions is a grave one but is much aggravated by a shortage of nurses, both male and female; the shortage of women nurses being acute. We have discussed the position in the female wards with Dr. McCulley and the Matron, and suggested the possibility of a development of the present nursing cadet scheme. It might be useful for Miss Coomber to visit Herrison Hospital, Dorchester, to study the excellent cadet nursing scheme which is being successful there.

The present staff of nurses is comprised of 89 males and 36 female full-time and 59 female part-time nurses. Fifteen of the men and 13 of the women always being on duty each night. Sixty male and 34 female (14 part-time) nurses are certificated or registered as mental nurses. Training is in the hands of a Sister Tutor, and some 14 males and 7 female nurses are being prepared for the nursing examinations. There is a joint P.T.S. for the mental and mental deficiency hospitals round Norwich which is held at Hellesdon.

The Nurses' Home was one of the earliest in the country. It was recognised recently to be both old fashioned and uncomfortable and to be in a bad state of repair. Steps are being taken to modernise it. The nurses' bedrooms have been redecorated and centrally heated, and in some measure re-furnished. Twenty-six of the 32 rooms are at present occupied. The corridors and public rooms are now in process of being repainted. The lighting of the corridors might be somewhat improved in the daytime by the replacement of the present muffled glass by plain.

Reference was made in the last entry to the excellent state of decorative repair of nearly all the male and female wards and to their comfortable and homely atmosphere. Further new furniture has been acquired, including dining chairs, plastic tops for dining tables; some excellent small oak tables made in the hospital are to be seen in male wards. The patients are badly off for space to store their personal belongings, and in many wards are so overcrowded that space for lockers would be difficult to find; but with ingenuity some might, we think, be found. In M. 16, the farmworkers' ward, with 57 patients, the need for lockers is particularly apparent. Several new heating coils have been put into some particularly cold parts of ward corridors on the female side. In some of the wards deck chairs for garden use would be a boon. The asphaltting of garden paths is in many places in a dangerous state. In the ward garden of male wards A and B a new sanitary annexe is now being built. We notice that in some ward W.C.'s the wooden seats have been removed and have not so far been replaced. We hope that this will be done.

Occupations are well organised, particularly on the female side, where we saw much to interest us. The laundry garden and pets' corner which is entirely run by the women patients under the charge of Miss Burrage continues most successfully, and many men have their own garden plots at M. 16. In the ward garden of male Ward C there is a greenhouse with heating used for growing flowering plants for use in the wards. It gives much interest to the patients of this ward.

Pocket money varies, the upper limit usually being 5/-, but in certain cases 7/6d. is earned and some male patients get an allowance of tobacco in addition.

The excellent Canteen building near the main gate is becoming too small for all those who use it, and another Canteen on the male side is now being constructed out of the former library. Entrance can be gained both from the grounds and from one of the male wards. It looks as if the male canteen should be as attractive as the one already in being.

We were glad to hear that visitors are encouraged and that every day is visiting day.

The recreational life is well thought out and varied and the "News Letter," a patients' magazine, continues to be popular. The women have the services of a full-time hairdresser and a chiropodist gives two sessions a week to the female side only.

The patients' clothing may be regarded as satisfactory, but the better male patients' suits continue to pass through the laundry and their appearance is much spoiled and much shrinkage is caused. We hope further consideration will be given to the possibility of sending the suits of good type patients to be dry cleaned. A new material called "Fibro" is being used for women's dresses, and this is said to stand up to wear very well. It is warm and also unshrinkable. An attractively patterned material is now being used for strong dresses. On the female side a central clothing store has, we were glad to be informed, been avoided, and in consequence many of the women are able to be provided with individual clothing. The men under the present system are unable to enjoy this privilege.

We thought the diet well thought out and varied. All patients have a supper meal. Dinner yesterday consisted of roast beef, cabbage, potatoes and milk pudding. The meals are conveyed to the wards in insulated trolleys and there are good plate warmers in the various ward kitchens. Much of the fruit grown in the hospital grounds is canned for use in the winter. In the male kitchen a new draw plate oven is being installed. The vegetable room adjacent to the male kitchen is uncomfortable and must be cold in winter. We are informed that improvement here is scheduled.

Overcrowded wards and deficiency of nursing staff are sometimes apt to discourage effort. It is commendable therefore that in all departments keen activity to promote the comfort and welfare of patients continues. Facilities for treatment have been provided, but what is more important they are being used effectively, and while it may be regarded as unfortunate that in these times a modern admission unit is unattainable, it is gratifying to observe that a high standard of medical treatment has been maintained. In psychiatry all modern methods are in use and the classification of recent patients is good. In general medicine, a similar situation prevails, while the sick wards are cramped for space the personal service is excellent. A recent extension of the verandah in Ward D—the male Infirmary—is almost complete and should soon be ready for occupation. It will provide much needed accommodation for tuberculous patients and much better than has hitherto been available. A Mass Radiography examination in January detected 4 new cases and to-day there are 9 men and 7 women suffering from pulmonary tuberculosis in an active form, in addition to several quiescent cases dispersed in other wards.

A good treatment centre at the male hospital situated conveniently near to the sick ward includes a well equipped operating theatre, X-ray department, physiotherapy department and an adequate though improvised insulin unit, we were therefore surprised to hear that patients are removed to a general hospital when operative treatment is necessary.

Since the date of the last visit no fresh case of typhoid or dysentery has occurred. This is a matter for congratulation in view of the risk involved by the presence of 19 known typhoid carriers and a considerable number of patients who have suffered previously from dysentery. Adequate segregation of those patients must remain a difficult problem and a source of anxiety, but after discussion with Dr. McCulley we feel that it would be idle to comment further than to emphasise the importance of the serious clinical problem.

In 1951, 104 patients (men 47, women 57) died, giving a mortality rate of 8.5% (men 9.3, women 7.9), and since January of this year 16 men and 29 women died. One of these deaths resulted from heart failure during induced insulin coma, this and one other were the subjects of the inquests. During the period under review 10 casualties involving fractures occurred, one of them caused by an induced convulsion. Two serious lacerated wounds are recorded. The circumstances have been explained to us and do not call for comment. It is certainly no reflection on the vigilance of the women's nurses, but the fact that only two casualties occurred in the men's hospital and only 7 men required seclusion of a total period of 27 hours, compared with 11 casualties and 70 women requiring seclusion for a total period of 15,948 hours, may serve again to indicate the dangers of staff shortage.

Out-Patient Clinics are held as before and continue to do most useful work.

Dr. McCulley has as his Deputy Dr. J. D. Fraser, and there is also a third Consultant, Dr. Rosie, who has recently taken up duties here. Dr. Crossley and Dr. Ruth Meier-Blaauw rank as Senior Hospital Medical Officers. Dr. L. Cooke, Senior Registrar, has a joint appointment here and at Hellesdon, and the other doctors are Dr. Birkinshaw, Dr. Pietocha and Dr. Simon.

Our visit has been one of much interest, and we must thank Dr. McCulley for his most helpful assistance. We were very glad to have the opportunity of meeting at luncheon to-day the Chairman of the Hospital Management Committee and of discussing with him some of the hospital's many problems.

I. COFFIN DUNCAN	} <i>Commissioners of the</i>
J. IVISON RUSSELL	

TABLE I.

Showing the Admissions, Re-admissions, Discharges and Deaths during the year ending 31st December, 1952.

	Male.	Female	Total.	Male.	Female	Total.
In the Hospital, 1st January, 1952.				514	746	1260
<i>Cases Admitted.</i>						
First Admissions	139	178	317			
Not First Admissions	70	128	198			
Total Cases admitted during the year ...				209	306	515
Total Cases under care during the year				723	1052	1775
<i>Cases Discharged.</i>						
Recovered	33	66	99			
Relieved	122	200	322			
Not Improved	26	15	41			
Transferred to other Hospitals ...	1	16	17			
Died	27	36	63			
Total Cases discharged and died during the year				209	333	542
Remaining in the Hospital, 31st Dec., 1952.				514	719	1233
Average number resident during year ...				498	709	1207
Persons Admitted				209	306	515
Persons Recovered				33	66	99
Transferred to this Hospital				3	7	10
Transferred from this Hospital ...				1	16	17

TABLE II.

Showing the Admissions, Discharges and Deaths, with the mean Annual Mortality and Proportion of Recoveries per cent. the year ending 31st December, 1952.

Years	Admission			Discharged						Died			Remaining 31st Dec. in each year			Average Number Resident			Percentage of Recoveries to Admissions			Percentage of Deaths to Average Number Resident					
				Recovered		Relieved		Not Improved																			
	Male	Fem.	Total	Male	Fem.	Tot.	Male	Fem.	Tot.	Male	Fem.	Tot.	Male	Fem.	Tot.	Male	Fem.	Tot.	Male	Fem.	Total	Male	Fem.	Total			
From 1850 to																											
1909	4238	5294	9532	1514	2160	3674	206	256	462	228	366	594	1849	1938	3787	449	585	1034	438	579	1017	29.59	30.33	30.00	12.32	10.88	11.50
1910	107	129	236	29	37	66	9	8	17	7	10	17	54	63	117	449	585	1034	438	579	1017	29.59	30.33	30.00	12.32	10.88	11.50
1911	101	127	228	26	51	77	5	8	13	9	13	22	55	59	114	455	581	1036	452	585	1037	28.57	41.46	35.98	12.16	10.08	10.99
1912	102	135	237	25	43	68	3	7	10	32	7	39	52	60	112	445	599	1044	454	589	1043	26.04	34.40	30.76	11.45	10.19	10.74
1913	103	121	224	31	49	80	6	5	11	5	7	12	48	83	131	458	576	1034	449	583	1032	31.63	47.12	39.60	10.69	14.23	12.69
1914	105	99	204	34	30	64	7	5	12	4	8	12	50	55	105	468	577	1045	474	575	1049	39.08	34.48	36.78	10.54	9.56	10.01
*1920	114	630	744	44	81	125	7	9	16	6	7	13	21	28	49	349	519	868	329	493	822	42.30	61.83	53.19	6.38	5.68	5.96
1921	114	121	235	38	55	93	8	12	20	6	3	9	38	47	85	372	522	894	365	523	888	35.18	48.23	41.89	10.41	8.98	9.57
1922	97	135	232	25	60	85	10	5	15	3	3	6	47	51	98	384	537	921	366	525	891	27.47	46.87	38.81	12.84	9.71	10.99
1923	105	195	300	26	63	89	7	11	18	6	3	9	40	37	77	410	618	1028	396	595	991	26.26	40.64	35.03	10.10	6.22	7.77
1924	84	148	232	35	67	102	11	18	29	2	7	9	25	50	75	421	623	1044	413	608	1021	44.30	47.51	46.31	6.05	8.22	7.34
1925	77	141	218	35	68	103	5	11	17	4	4	8	36	42	78	417	636	1053	415	626	1041	50.00	52.71	51.75	8.67	6.70	7.49
1926	103	138	241	37	69	106	5	23	28	2	29	31	28	38	66	445	614	1059	434	639	1073	38.54	51.87	46.28	6.49	5.94	6.15
1927	88	131	219	29	37	66	5	17	22	1	7	8	33	31	64	465	652	1117	452	631	1083	35.36	29.84	32.03	7.30	4.91	5.92
1928	90	115	205	27	58	85	8	11	19	5	4	9	43	29	72	471	664	1135	471	658	1129	31.03	55.23	44.27	9.12	4.40	6.37
1929	85	127	212	20	37	57	8	14	22	...	4	4	43	34	77	484	701	1185	480	675	1155	24.09	31.09	28.21	8.95	5.03	6.66
1930	86	125	211	25	47	72	5	9	14	5	3	8	42	32	74	493	735	1228	489	716	1205	30.48	39.49	35.82	8.59	4.46	6.14
1931	91	139	230	15	44	59	16	99	115	3	12	15	46	42	88	504	677	1181	498	699	1197	17.85	32.83	27.06	9.23	6.00	7.35
1932	81	133	214	23	45	68	72	52	124	2	3	5	33	42	75	455	668	1123	463	667	1130	28.40	33.80	31.70	7.10	6.40	6.60
1933	106	147	253	40	65	105	49	32	81	1	2	3	34	32	66	437	683	1120	451	665	1116	40.00	46.09	43.57	7.54	4.80	5.82
1934	100	136	236	37	73	110	12	37	49	24	4	28	27	36	63	437	669	1106	429	678	1107	38.90	56.20	48.90	6.30	5.30	5.70
1935	122	129	251	28	38	66	45	44	89	3	8	11	36	23	59	447	685	1132	438	683	1121	23.30	29.90	26.70	8.20	3.40	5.30
1936	108	132	240	38	56	94	32	49	81	8	5	13	28	37	65	449	670	1119	451	686	1137	35.85	44.44	40.52	6.21	5.39	5.72
1937	122	157	279	55	73	128	22	30	52	6	6	12	39	34	73	449	684	1133	453	673	1126	48.67	48.03	48.30	8.61	5.05	6.48
1938	94	156	250	45	79	124	9	42	51	9	5	14	25	41	66	454	673	1127	452	679	1131	48.91	52.32	51.03	5.53	6.04	5.83
1939	116	156	272	42	78	120	14	29	43	6	3	9	50	26	76	458	693	1151	454	683	1137	37.50	52.70	46.15	11.01	3.81	6.68
1940	69	130	199	41	89	130	12	29	41	7	3	10	42	43	85	425	659	1084	441	667	1108	59.4	72.9	68.1	9.5	6.4	7.6
1941	88	138	226	17	75	92	14	34	48	7	11	18	47	36	83	428	641	1069	425	652	1077	20.0	56.3	42.2	11.0	5.5	7.7
1942	83	133	216	37	53	90	17	39	56	6	5	11	40	30	70	411	647	1058	413	644	1057	47.4	41.0	43.4	9.6	4.6	6.6
1943	103	161	264	43	87	130	25	31	56	12	8	20	25	24	49	410	658	1068	414	654	1068	42.1	54.0	49.4	6.0	3.6	4.5
1944	88	173	261	27	80	107	23	44	67	12	13	25	21	26	47	418	668	1086	413	667	1080	30.6	47.9	41.9	5.0	3.8	4.3
1945	83	152	235	25	87	112	18	45	63	8	8	16	26	31	57	424	649	1073	421	646	1067	31.6	58.4	49.1	6.1	4.7	5.3
1946	136	223	359	44	80	124	27	53	80	8	15	23	35	37	72	446	687	1133	426	661	1087	33.0	37.2	35.6	8.2	5.6	6.6
1947	147	231	378	30	87	117	68	91	159	15	11	26	20	36	56	460	693	1153	444	682	1126	21.0	38.8	31.9	4.5	5.3	5.0
1948	191	244	435	60	117	177	64	84	148	8	5	13	25	21	46	494	708	1202	466	678	1144	31.6	48.9	41.3	5.4	3.1	4.0
1949	236	278	514	67	97	164	97	112	209	19	15	34	37	39	76	510	721	1231	478	684	1162	28.4	34.9	31.9	7.7	5.7	6.8
1950	216	309	525	40	67	107	99	149	248	23	33	56	44	35	79	520	744	1264	495	712	1207	18.6	21.9	20.5	8.9	4.9	6.5
1951	234	312	546	40	75	115	121	149	270	31	21	52	47	57	104	514	746	1260	505	723	1228	17.2	24.4	21.3	9.3	7.9	8.5
1952	209	306	515	33	66	99	122	200	322	26	15	41	27	36	63	514	719	1233	498	709	1207	16.0	22.0	19.6	5.4	5.1	5.2
Totals	8622	11986	20608	2827	4623	7450	1294	1903	3197	569	696	1265	3258	3441	6699												

*No Statistics prepared for year 1915-1919 as Institution was in use as a War Hospital

Showing the Causes, Ages and Post-Mortem Examinations in the Deaths during 1952.

Totals

